



## SUMMER IS HERE AND KIDS YOGA CAMP IS BACK

Ages 9 to 13 years old

Our summer YOGA PROGRAM is designed to stimulate and encourage your child towards

- Active and Passive Yoga Postures
- Relaxing techniques
- Balance

The series will enhance their physical abilities and mental focus

MON JULY 2nd - MON AUG 27<sup>th</sup>

Time: 6 - 7 PM

PROGRAM RUNS FOR 9 WEEKS

**COST \$135**

(If your child missed any of the scheduled classes, they can attend other studio classes on any day, any time to make up for the cost)

**D**UTCHESS YOGA STUDIO

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